

# ***DTS Manual***



***Youth With A Mission***  
***Heredia, Costa Rica***

## **Discipleship Training School**

We are confident that if the Lord has directed you to attend a DTS, this will be a time of personal growth and a significant preparation for your future ministry. This will also be a time of encouragement and growth for your life. We know that you will focus on finding God's will and giving it your best under the Principles and Values of the Kingdom of the Lord.

## **YOUTH WITH A MISSION**

YWAM is an international movement of Christians from many denominations dedicated to presenting Jesus Christ personally to this generation, to mobilizing as many as possible to help in this task, and to training and equipping believers for their part in fulfilling the Great Commission. As Christians of God's Kingdom, we are called to love, worship and obey our Lord, to love and serve His body, the Church, and to present the Gospel to all mankind.

Since YWAM was founded in 1960 by Lauren Cunningham, thousands have been involved worldwide in fulfilling Christ's command to "Go into all the world and preach the good news to all creation" (Mark 16:15). We thank God for allowing us to play our part in helping to fulfill the Great Commission.

Youth With A Mission draws people from a great diversity of backgrounds to work in a wide variety of ministries. Young people, families, retired persons, and professionals from more than 100 nations are among our ranks. Each year about 1,000,000 Christians are involved in YWAM's short-term projects the world over. And over 20,000 permanent staff working in 1200 centers in 173 nations (2004)

In 1991 YWAM conquered the goal to send teams to every country of the world when they reached the Pitcairn Island. YWAM teams bring the Gospel of Jesus Christ using evangelism, training and mercy ministries.

## **Youth With A Mission Heredia**

*Youth With A Mission, Heredia, Costa Rica is a fairly new ministry, founded in 1994. Right now we are pioneering as we work to establish the University of the Nations campus. God has called YWAM in three specific areas: Training, Evangelism and Mercy Ministry.*

*Our base is located in Los Angeles de San Rafael de Heredia, in the countryside in the mountains on the northern side of the Central Valley of Costa Rica. The surroundings here are very green and lush and beautiful. The base is about 10 minutes from the closest town. Right now our property is under construction and so far we have one big wooden building and are constructing a new office building. YWAM Costa Rica has other ministries besides the DTS, some still in the developmental stages. At this moment there are about 20 staff members at the base.*

# **THE FOUNDATIONAL VALUES OF YOUTH WITH A MISSION**

Since the beginning of Youth With A Mission (YWAM) in 1960, God has emphasized certain Biblical values which serve as spiritual foundations for the mission. The combined strength of these values has strongly influenced the nature and character of YWAM around the world. These shared values are the guiding principles for both the past and future growth of our mission. They are beliefs we hold in high regard, which determine how we live and make decisions.

God's Word is the final authority for conduct and faith in Youth With A Mission. Our foundational values are not a list of rules to be adhered to; they were not even written down until YWAM was 25 years old. Rather, these values are recorded here in an attempt to pass on to successive generations that which God has emphasized to us as a mission.

## **1. KNOW GOD**

*YWAM is committed to know God, His nature, His character and His ways. We seek to reflect who He is in every aspect of our lives and ministry. The automatic overflow of knowing and enjoying fellowship with God is a desire to share Him with others.*

## **2. MAKE GOD KNOWN**

*YWAM is called to make God known throughout the whole world, and into every arena of society through evangelism, training and mercy ministries. We believe that salvation of souls should result in transformation of societies, thus obeying Jesus' command to make disciples of all nations.*

## **3. HEAR GOD'S VOICE**

*YWAM is committed to creating with God through listening to Him, praying His prayers and obeying His commands in matters great and small. We are dependent upon hearing His voice as individuals, together in team contexts and in larger corporate gatherings. This is an integral part of our process for decision making.*

## **4. PRACTICE WORSHIP AND INTERCESSORY PRAYER**

*YWAM is dedicated to worship Jesus and engage in intercessory prayer as integral aspects of daily life. We also recognize the intent of Satan to destroy the work of God and we call upon God's power and the Holy Spirit to overcome his strategies in the lives of individuals and in the affairs of nations.*

## **5. BE VISIONARY**

*YWAM is called to be visionary, continually receiving, nurturing and releasing fresh vision from God. We support the pioneering of new ministries and methods, always willing to be radical in order to be relevant to every generation, people group, and sphere of society. We believe that the apostolic call of YWAM requires the integration of spiritual eldership, freedom in the Spirit and relationship, centered on the Word of God.*

## **6. CHAMPION YOUNG PEOPLE**

*YWAM is called to champion youth. We believe God has gifted and called young people to spearhead vision and ministry. We are committed to value them, trust them, train them, support them, make space for them and release them. They are not only the Church of the future; they are the Church of today. We commit to follow where they lead, in the will of God.*

## **7. BE BROAD-STRUCTURED AND DECENTRALIZED**

*YWAM is broad-structured and diverse, yet integrated. We are a global family of ministries held together by shared purpose, vision, values and relationship. We believe that structures should serve the people and the purposes of God. Every ministry at every level has the privilege and responsibility of accountability to a circle of elders, with overall international accountability to the YWAM Global Leadership Team.*

## **8. BE INTERNATIONAL AND INTERDENOMINATIONAL**

*YWAM is international and interdenominational in its global scope as well as its local constituency. We believe that ethnic, linguistic and denominational diversity, along with redeemed aspects of culture, are positive factors that contribute to the health and growth of the mission.*

## **9. HAVE A BIBLICAL WORLDVIEW**

*YWAM is called to a Biblical worldview. We believe that the Bible makes a clear division between good and evil; right and wrong. The practical dimensions of life are no less spiritual than the ministry expressions. Everything done in obedience to God is spiritual. We seek to honor God with all that we do, equipping and mobilizing men and women of God to take roles of service and influence in every arena of society.*

## **10. FUNCTION IN TEAMS**

*YWAM is called to function in teams in all aspects of ministry and leadership. We believe that a combination of complementary gifts, callings, perspectives, ministries and generations working together in unity at all levels of our mission provides wisdom and safety. Seeking God's will and making decisions in a team context allows accountability and contributes to greater relationship, motivation, responsibility and ownership of the vision.*

## **11. EXHIBIT SERVANT LEADERSHIP**

*YWAM is called to servant leadership as a lifestyle, rather than a leadership hierarchy. A servant leader is one who honors the gifts and callings of those under his/her care and guards their rights and privileges. Just as Jesus served His disciples, we stress the importance of those with leadership responsibilities serving those whom they lead.*

## **12. DO FIRST, THEN TEACH**

*YWAM is committed to doing first, then teaching. We believe that firsthand experience gives authority to our words. Godly character and a call from God are more important than an individual's gifts, abilities and expertise.*

## **13. BE RELATIONSHIP-ORIENTED**

*YWAM is dedicated to being relationship-oriented in our living and working together. We desire to be united through lives of holiness, mutual support, transparency, humility, and open communication, rather than a dependence on structures or rules.*

## **14. VALUE THE INDIVIDUAL**

*YWAM is called to value each individual. We believe in equal opportunity and justice for all. Created in the image of God, people of all nationalities, ages and functions have distinctive contributions and callings. We are committed to honoring God-given leadership and ministry gifts in both men and women.*

## **15. VALUE FAMILIES**

*YWAM affirms the importance of families serving God together in missions, not just the father and/or mother. We encourage the development of strong and healthy family units, with each member sharing the call to missions and contributing their gifts in unique and complementary ways.*

## **16. RELY ON RELATIONSHIP-BASED SUPPORT**

*YWAM is called to a relationship-based support system, depending upon God and His people for financial provision, both corporately and individually. We believe that relationship-based support promotes responsibility, accountability, communication, and mutual prayer. It involves the donor as a partner in ministry. As God and others have been generous toward us, so we desire to be generous. YWAMers give themselves, their time and talents to God through the mission with no expectation of remuneration.*

## **17. PRACTICE HOSPITALITY**

*YWAM affirms the ministry of hospitality as an expression of God's character and the value of people. We believe it is important to open our hearts, homes and campuses to serve and honor one another, our guests and the poor and needy, not as acts of social protocol, but as expressions of generosity.*

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(YWAM Foundational Values approved by the Global Leadership Team August 2003; released February 2004.)

# **RULES FOR COMMUNITY LIVING**

1. If you open it, close it.
2. If you turn it on, turn it off.
3. If you unlock it, lock it.
4. If you break it, repair it or pay for it.
5. If you can't fix it, report it properly.
6. If you borrow it, return it.
7. If you use it, take care of it.
8. If you make a mess, clean it up.
9. If it belongs to someone else, get permission before using it.
10. If you move it, put it back.
11. If you are not sure how it operates, leave it alone.

***“Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much. So if you have not been trustworthy in handling worldly wealth, who will trust you with true riches? And if you have not been trustworthy with someone else's property, who will give you property of your own?” -Luke 16:10-12***

# **COMMON KNOWLEDGE AND UNSELFISHNESS**

## **DORM RULES**

Each person is responsible for keeping his or her living area neat and clean. Please dress properly when you go from the bathroom to the bedroom (not just a towel). Each person is in charge of their own bedding (wash it, don't lose it...).

In Costa Rica there are many insects so please be careful with leaving food in your dorms. Please use plastic containers with lid and throw away the garbage immediately.

**Please do not enter the rooms of the opposite sex.**

## **KITCHEN**

Only authorized personnel may be in the kitchen or food storage area.

**Please do not take any food items from the kitchen or food storage area without the permission of the staff.**

Personal items are to be stored only in the refrigerator in the downstairs living room.

## **LAUNDRY**

<b>One load in small washer - \$1, large washer - \$2, and \$2 per dryer load</b>
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Sign-up sheets are provided in the laundry area for the washer and dryer.

Please do not start your load late, as it will throw off the whole schedule.

Please clean up the area after using it.

Any **personal items** left in the laundry area for longer than **one day** will be removed.

Please **label** your soap powder and other laundry items with your name. The base does not provide laundry detergent or bleach, (we can sell some to you if needed).

## **BOOKS**

Library books are checked out on the honor system. Please try to only keep them for two weeks. We would ask that you treat them as your own, and return them to their proper place. The books are organized according to categories. Please note the category when borrowing and returning books.

## **PUBLIC ROOMS**

**LECTURE HALL, LIVING ROOM, and BATHROOMS:** Please keep these areas clean and organized; the base is home for many people. All your personal items must be kept in your room. Please do not leave personal items in the communal area or lecture room. Please do not put shampoo or soap on the windowsill above the shower or leave your personal items in the showers. There is space under the bathroom sinks for personal items. Anyone leaving personal items in public areas on more than three occasions will be disciplined.

## **MEALS**

Please be on time for all meals. This is a time for fellowship and relaxation. If you miss a meal, it is not possible to eat outside the schedule unless you specifically request **in advance** that you would like a plate saved. Please wash, dry and put away your dishes after meals. All non-meat food garbage goes in the compost bucket.

## **COMMUNICATION**

Students are not permitted to use the telephone in the office for personal calls at any time, not even to call collect. There is only one phone line and that is in full office use. You may receive calls on the upstairs phone after 5pm and on weekends (506 2267 7063). Or call out collect or with a calling card (International collect: 175, local collect: 110, calling cards: 199, 197).

Please let your family and friends know that if they need to get in touch with you they should call after 5pm or on weekends. Otherwise we will take a message and give it to you.

### **E-mail:**

Students are only allowed to use the computers in the front part of the office. Please be considerate to others and limit your computer use to 15 minutes. There is wireless internet if you have brought your own laptop. The schedule for internet use is between 2pm and 9pm

## **OFFICE**

Students are allowed in the main office only if they have something important to do there (ie. pay school fees, etc.).

## **MUSIC**

Please observe the hours for playing instruments; these guidelines apply also to listening to music out loud unless headphones are used. Outside of worship times the hours are:

Monday to Friday 1pm to 8pm

Saturday to Sunday 10am to 8pm

**PLEASE DO NOT PLAY INSTRUMENTS DURING MEALS.  
SECULAR MUSIC IS NOT PERMITTED. (To be explained)**

# **DRESS CODE**

One of the blessings of being here is meeting people from all over the world and being a part of their training. Part of this training is for us to be a good example in our conduct and dress. To help us be that good example, and also because we ourselves will be making outreach trips from time to time, the following guidelines have been set up to prepare us in this area. For many, this will be just common sense, but for some these will be areas of new concern and will require adjustments.

**MODESTY** needs to be a way of life. The dictionary defines modesty as: "Having a regard for decencies of behavior or dress; quiet and humble in appearance, style, etc.; not displaying one's body; not boastful; unassuming; retiring; virtuous; not vain; not forward; reserved; chaste."

**PROPER** - Perhaps this definition will be helpful as well: "Specially adapted or suitable; appropriate; conforming to an accepted standard; co

rect; fitting; seemly; right; decent."

***"I urge you therefore, brethren, by the mercies of God, to present your bodies as a living and holy sacrifice, acceptable to God, which is your spiritual service of worship."-Romans 12:1***

The following guidelines are here to help you know what is proper and right to wear during your time with YWAM Heredia, Costa Rica: - Shorts that are knee-length and loose or comfortably fitting are acceptable for casual wear such as lecture times and weekends. Very short shorts and Lycra/Spandex-type fabrics are not appropriate.

- Slacks and jeans are acceptable but not tight ones. Make sure they fit modestly.
- Dresses and skirts are fine for the ladies, as long as they are knee-length or longer. Please wear a slip, if one is needed.
- Swimming suits: for the ladies, please no bikinis. One-piece suits should be modest and not revealing and have an adequately lined top and bottom area. For the men, please no Speedo's, or Lycra/Spandex-type shorts. Swimming shorts should be comfortably fitting, not tight.



## A WORD OF GODLINESS TO THE LADIES

Ladies, it is very important that we represent Jesus with our whole lives, not only with our words and actions. We need to be highly careful with the way we present ourselves spiritually and physically.

It is our responsibility to help our brothers not be tempted to lust. It is fine to be attractive, however, we need to make sure that we are using our attractiveness to bring glory to our Father, not to bring attention to ourselves. In light of this, we must make sure that we are always wearing the appropriate undergarments and that the necklines and armholes in our shirts are cut modestly.

The worldly way is to emphasize our outward appearance. God's way is to clothe ourselves appropriately, with the emphasis on the inner beauty of Jesus. This allows the Holy Spirit to shine through us so that we become even more beautiful in the eyes of God and man.

Slips should be worn with all lightweight dresses and skirts. Modesty in dress lengths and slits in garments should be considered for sitting, standing, and bending over. Pants should not be so low cut that the underwear show when one sits or bends over.

**“I also want women to dress modestly, with decency and propriety.” I Timothy 2:9**

## A WORD OF GODLINESS TO THE MEN

Guys, your dress also needs to be glorifying to the Lord. Shirts need to be appropriately buttoned up. Shorts that are tight, too short or without proper undergarment are inappropriate. If you need to concern yourself over how you sit in a pair of short shorts, then they are **TOO SHORT**. Underwear must be worn at all times. Jeans and slacks must fit with the right amount of ease - not bringing attention to your body, but looking like part of a well-coordinated outfit. Shirts need to be worn to meals, to class, and in public areas. The illustrations and wording on t-shirts need to be glorifying to the Lord. If you are working outside without a shirt, please keep one handy when returning to public areas.

***It is not our desire to judge what is acceptable or unacceptable attire in the culture that you are from, but to share what the acceptable Christian standard is here and in our variety of outreach locations. Remember that when you visit a town, you are not only representing yourself and YWAM, but most importantly, the Lord.***

# ***DISCIPLESHIP TRAINING SCHOOL***

## **1. MINISTRY**

The ultimate purpose of the DTS is in-depth healing in the areas of relationships with God and others. This can only be accomplished by being continually sensitive to the Holy Spirit's moving. Much time must be spent allowing God to invade the students' lives, bringing them to a place of openness and brokenness. Openness and brokenness must be established at the very beginning of the school, and carried throughout; to clearly point out that humility is to be a lifestyle... **FOREVER!**

## **2. APPLICATION**

The DTS is not primarily a school of knowledge, but rather the DTS must be a school of wisdom. Head knowledge must be translated into practical heart knowledge by immediate application of all truth presented. Much time must be given to waiting on God to apply each principle taught. Application becomes the key word in the DTS. It is building truth into the student's life on a daily basis by new habits through right choices.

## **3. RELATIONSHIPS**

A third purpose of the DTS is the establishing of in-depth relationships with other Christians. God's greatest tool for transformation is the close, live-and-learn dynamics of community life. Many have avoided certain kinds of people in the past, but the DTS student body diversity offers opportunity to grow by embracing those easy or hard to live with people. The same irritable person on the work schedule is the person one must learn to love at the breakfast table. This inability to escape brings up sins laid buried for years, such as anger, self-pity, bitterness, etc. This gives opportunity to offer them up to the Lord daily for continual cleansing.

## **4. INTENSITY**

A fourth purpose is to provide a "pressure cooker" situation for rapid growth. This is possible due to the approximately 20 weeks of close living and a full schedule, not "busy", but a challenging schedule which produces growth. This creates opportunity to rise to new levels of character development and responsibility.

## **5. LABORATORY**

A fifth purpose is to have the students in a situation where they can continually prove God as never before. The student needs to learn how to know God by experiencing His divine intervention first-hand. This is accomplished by trusting God for things impossible to us without His involvement. It is especially significant that s/he see His power operate in evangelism.

## **6. DISCIPLESHIP**

The group dynamic offers us opportunity for a real discipleship. Jesus used the group to create interaction resulting in immediate application of principles. Personal counseling was added to the invaluable principles learned by the disciples through group interaction. Small groups must be designed to facilitate ministry to students, as well as to set the stage for in-depth personal counseling.

## ***SCHEDULE GUIDELINES***

### **GETTING UP**

All students will be required to be up, showered and ready by 7:00am (Mon-Fri.). **Early to bed, early to rise** is a good principal to develop discipline in our lives.

### **GOING TO BED**

Quiet Time begins at 9:00pm Sun-Thur, (10pm Fri-Sat) and ends at 8:00am. There should be no loud talking, music or noise after this time.

Please respect your roommates. Lights should be turned off in dorms at 10:00pm and by 10:30pm lights in commons areas should be off and doors should be locked. (Friday and Saturday at 11pm).

All students must be on YWAM property at the appropriate times listed above. If you have any questions regarding this, please talk with a DTS staff member.

## **WEEKLY SCHEDULE (subject to change)**

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>7:00-7:30</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>7:30-8:00</b>	Devotional	Devotional	Devotional	Devotional	Devotional
<b>8:00-9:00</b>	Base Worship	Exercise	Intercession	Exercise	Base Intercession 8:00-9:30
<b>9:00-10:30</b>	Class	Class	Class	Class	Class
<b>10:30-11:00</b>	Break	Break	Break	Break	Break
<b>11:00-12:30</b>	Class	Class	Class	Class	Class
<b>12:30</b>	Lunch	Lunch	Lunch	Lunch	Lunch
<b>1:30-3:00</b>	Chores	Chores	Chores	Chores	Chores
<b>3:00-4:00</b>	Music	Fine Arts	Personal Development	Ministry	Work Duty
<b>5:30</b>	Dinner	Dinner	Dinner	Dinner	Dinner
<b>7:00-8:00</b>	Drama	Creative Expression	Worship	Small Groups/ Family Night	Free Night (Subject to change)

### **WEEKENDS:**

Weekends will be free except for special activities. If you would like to spend the night off base please ask for permission from the school leader.

The students need to be accountable for what they do on the weekend and live by the same principles practiced during the week.

# **CURRICULUM GUIDELINES**

## **JOURNALS**

*Every student is required to do a weekly journal. This helps with processing the lectures. It needs to be turned in every Monday morning, and it will be returned by Thursday.*

## **TESTIMONIES**

*Every student is required to present a 10 minute message on the Character of God. This can be, but is not limited to, your conversion experience. These times of sharing have always been very meaningful and also help us to learn more from each other about the character of God.*

## **SMALL GROUPS**

*This is a time when students and staff members will have a chance to have fun, share needs, discuss areas of special interest, and minister to one another in smaller groups.*

## **INTERCESSION GROUPS**

*This is an immediate way to become involved in world evangelism. Small groups will be assembled each week on Wednesday morning and Friday morning to intercede for the nations, as well as learn together the ways God can speak to us in prayer.*

## **BOOK REPORTS**

*Each student will be required to complete three reports during the lecture phase. The books are foundational Christian books that will be given to you by DTS staff.*

**You must write a two page report (single-spaced) based on these three questions:**

1. How has this book encouraged me? Be specific.
2. What principle ideas caught my attention?
3. In what areas of my life did this book challenge me?

*This should be done in the student's journal or on a separate piece of paper.*

# **JOURNAL**

God has given all of us part of his incredible creativity. Use that in your journal; illustrate whenever possible, use colors, cut pictures from magazines etc. Make it a journal that looks like you and that will be interesting and easy to read!

## **In the Beginning:**

1. Design a **single title page** for your journal. Choose a name for it.
2. On a single page, write a **letter to God** about why you are taking this course.
3. On a single page, **record what God has spoken to you** personally and times when He has proved His reality to you. Please give the approximate date, the summarized content of His message, and the means by which you were given it.
4. On a single page provide an **illustrated record** with captions of your work/life experience in your relationship with God so far.

## **WEEKLY REQUIREMENTS**

### **Page 1. LECTURE CONTENT**

Begin each week's assignment with the heading of the week and the speakers' name. Divide this page into 3 parts as you like. Somewhere on the page, highlight in a single one-line phrase or sentence the essence of the speaker's key theme (head with the word "KEY").

-**In the first segment** record any ideas, theories, or methods that the speaker addressed that **confirmed** what you already thought or believed.

-**In the second segment** record any **new** ideas, theories or methods you learned through this week's lectures.

-**In the third segment** record **what God is saying** to you through this week's topic.

### **Page 2. OBSERVATIONS**

Divide this page into three segments any way you like.

**Title one segment, "Teacher Observations"**. Identify their teaching methods and style and their effect on your ability to learn the principals being taught. This exercise is designed to also assist you as you formulate teachings.

**Titles the second segment, "Course Observations"**. Please record any comments, complaints or suggestions. And any outside events that may have influenced your focus this week.

**Title this segment, "My Experiences"**. Use this page to express anything you may like to add from your experiences this week. This may include interaction between you and the guest speaker, staff, or fellow students, work duty times, or something you're learned from living in community.

### Page 3. WEEKLY BIBLE STUDY

This will be given to you in the beginning of each week by the staff.  
You must memorize a verse every week, which everyone will share on Fridays.

### Page 4. MINISTRY APPLICATION

Because the goal of the DTS is to train you to multiply what you have learned to different groups of people, on a new page, **communicate what you have learned this week to a specific audience.** Do not just copy your notes, but based on them select one of the following or state your own:

- Opens air meeting
- Teaching at a missions seminar in a cross-cultural situation
- Evangelism team
- Intercession group
- Church worship team
- Letter to you church communicating a teaching covered in DTS
- Teaching at a conference that is targeting a developing nation
- Basic teaching for an underdeveloped nation's church
- Instructing a pioneering YWAM team
- Song for a worship service
- Teaching a youth group preparing for an evangelistic inner city outreach
- Introducing the teaching in a children's ministry

On the same page use outline form, paragraph form, and/or illustrations to communicate the following:

- 1. Why is this topic important to a disciple?**
- 2. What are the Biblical principals supporting this topic?**
- 3. How will this benefit your audience if they make it part of their lives?**

Be sure to identify the audience and highlight each of these points as you show them on the page.

# ***DTS RESEARCH PAPER***

The DTS research paper is for the purpose of studying nations and people groups in order to obtain strategies to reach them with the gospel through discipleship.

**For your research paper please choose either:**

1. An outreach location/people group to which you will be traveling  
Develop a strategy for the length of your outreach.
2. The area (locations/people group) of your long-term call  
Develop strategies with long-term goals in mind.

In light of reaching this location/people group, please research the following areas, noting the maximum points given for each topic. Discuss areas 1-5, both **historically and currently**.

1. Demographic (male/female, races, etc.)
2. Geographic
3. Political
4. Economic
5. Religious

40 %

Relating sections 1-5 with 6-8, **plan an outreach or permanent place of ministry** in terms of the following:

6. Concrete and practical strategies
7. Strongholds, locations for spiritual warfare
8. The Disciple and the Disciple's role (you)

60 %

The research paper is to be a minimum of 10 pages, one side of the paper, typed or hand-printed. Include title page, outline, and bibliography. These will be in addition to the 10 pages. This paper needs to be turned in by the given date at the end of the lecture phase.

**Please start looking for information early on in the school.**

# **GENERAL GUIDELINES**

## **CHURCH**

Students will be required to faithfully attend a local church of their choice each Sunday morning. Three weeks will be given to find a church that you feel God wants you in, and then you should attend that church for the time of the school.

## **DEVOTIONAL (7:30-8:00am)**

This is probably the most important time of the day. Therefore, we ask that all students use this time to seek God alone. The rewards of this cannot be over-emphasized.

## **WEEKDAYS (MONDAY - FRIDAY)**

Students are asked to remain in the general area between Los Angeles and Heredia. The reason for this is because the schedule does not permit enough free time for longer trips during the week. Weekends will be for going to San José and other areas but you must be in the base before curfew. If you would like to spend a night away from the base please check with your school leader. We ask that the students do not go out alone until they are familiar with the area, bus system, etc.

## **FASTING**

Every first Friday of the month we will fast. If you do not have good health and feel that you cannot fast, please contact one of the DTS staff. If you want to fast more than 1 day please communicate with a member of the DTS staff.

## **FINANCES**

All financial transactions should be made with the school leader or base administrator. If donations for your school are processed through YWAM we will write a receipt and give it to you.

## **WORK DUTIES**

Each student will be assigned to a daily chore, as well as work duty on Friday afternoons. Always check with the DTS staff if you are unable to work on any given day, and find a replacement for yourself.

## **MEDICAL/HEALTH**

If you are ill, and need to miss class time, ALWAYS communicate with the DTS Staff. If you need to go to a doctor or pharmacy please let the staff know.

## **SPECIAL RELATIONSHIPS**

God is rebuilding every area of our lives. Many of us are subject to quick attraction to the opposite sex, causing emotional instability. We know how easy it is to get sidetracked. Therefore, **we ask that there be no exclusive male/female relationships between the students or with students and staff during the DTS. Please always travel in odd numbers.**



## **GUESTS/STAYING AT THE BASE**

1. Please be friendly and helpful to all guests.
2. ALWAYS CHECK FIRST with the leadership and with hospitality staff prior to making any arrangements if you are planning on inviting family, friends or other guests to a meal, or for a visit.
3. Students can stay at the base for two days after graduation. If you need or want to stay longer than that, please talk to the hospitality staff. After these days the base is not responsible for taking you to the airport.

## **NEIGHBORS**

Please be sensitive to our neighbors. God has really given us favor with them, and we need to be a witness to them. Please keep noise down, especially after 8pm.

## **CLASSROOM**

We ask that there be no moving around during the lecture time. Please use the bathroom before the class starts and avoid eating during class. We want to respect our guest speakers by giving them our undivided attention and by not disrupting them or other students during lectures.

## **MEDIA**

Secular music is not permitted on base, including dorms. Please check with DTS staff to get permission before watching movies. Books and magazines must have pure content. The principle behind this is that we are often not aware of how much we are affected and subtly manipulated by the media, and it can be a tremendous hindrance to spiritual growth.

## **SUNDAYS**

Sundays are a special day where we can observe the spirit of the Sabbath. Students are asked to be sensitive to those desiring to rest.

## **LEARNING THE LANGUAGE - APRENDIENDO EL IDIOMA**

1. Como te llamas?/ Cual es tu nombre? What is your name?	Me llamo----/ Mi nombre es----- My name is----
2. Donde vives?/De donde eres? Where do you live? /Where are you from?	Yo vivo en----/Yo soy de---- I live in-----/I'm from-----
3. En que trabajas? What is your work?	Yo soy----- I am----
4. Qué estudias? What do you study?	Yo estudio---- I study-----
5. Cuántos años tienes?/Qué edad tienes? How old are you?	Yo tengo----años. I am---years old.
6. Como estas?/ Que tal? How are you?	Muy bien, gracias y usted? Very good, and you?
7. Qué es esto/eso? What is this/that?	Esto/eso se llama... This/that is called...
8. Cuanto cuesta esto/eso? How much does this/that cost?	Esto/eso cuesta... This/that costs...
9. Qué hora es? What time is it?	Son las... It is...o'clock.
10. Cuantos hermanos tienes? How many brothers & sisters do you have?	Yo tengo... I have...
11. Donde está el baño? Where is the bathroom?	Aqui está el baño. Here is the bathroom.
12. Tiene hambre? Are you hungry?	(No) Tengo hambre. I am (not) hungry.
13. Está cansado(a)? Estoy cansado(a).	Are you tired? I am tired.
14. Quisiera...	I would like...
15. Busco...	I am looking for...
16. No me gusta...	I don't like...
17. Necesito...	I need...
18. No hay...	There is no...
19. Quizás, tal vez	Maybe
20. Por favor	Please
21. (Muchas)gracias	Thank you (very much)
22. De nada/mucho gusto	You are welcome
23. Lo siento	I am sorry

24. Está bien  
 25. No hablo español  
 uno –one  
 dos – two  
 tres – three  
 cuatro – four  
 cinco – five  
 seis – six  
 siete – seven  
 ocho – eight  
 nueve – nine  
 diez – ten  
 once – eleven  
 doce –twelve  
 treze – thirteen  
 catorce – fourteen  
 quince – fifteen  
 diesiseis – sixteen  
 diecisiete – seventeen  
 dieciocho – eighteen  
 diecinueve – nineteen  
 veinte – twenty  
 treinta- thirty  
 cuarenta – forty  
 cincuenta – fifty  
 sesenta – sixty  
 setenta – seventy  
 ochenta – eighty  
 noventa -- ninety  
 cien - hundred

That is alright, okay  
 I don't speak Spanish  
 I Yo  
 You Tu  
 You(formal) Usted/Ustedes  
 She ella  
 He el  
 We Nosotros  
 They Ellos  
  
 What Que  
 When Cuando  
 Who Quien, quienes  
 How Como  
 How many Cuantos  
 Why Por que  
 Where is... Donde esta...  
 Whom A quien, a quienes  
 How much Cuanto  
 Which cual/cuales  
  
 Monday lunes  
 Tuesday martes  
 Wednesday miercoles  
 Thursday jueves  
 Friday viernes  
 Saturday sabado  
 Sunday domingo  
  
 To the right a la derecha  
 To the left a la izquierda